

COACH EDUCATION PROGRAMME – UPDATE JULY 2014

REVALIDATION AND PERSONAL DEVELOPMENT

A key objective of the coaching department is to put learning at the heart of coaching and to have in place a system that encourages coaches to grow and develop their knowledge and skills. To help achieve this objective we introduced in January 2013 a completely revised system linked to continuous personal development opportunities for all levels of coach.

This system allows coaches to have more autonomy over their earning and development and look beyond what they already do to impact positively on their coaching environment. Coaches can now choose from a range of modules/subjects to plan and manage their relevant learning opportunities over an extended period.

Based on feedback from coaches who participated in the programme during 2013 we have decided to make a few minor changes to the revalidation requirements. These changes have been approved by the Board of Directors and will be implemented with immediate effect. The changes are as follows:

1. The terms '**generic**' and '**specific**' have been removed - all revalidation events are now weighted the same for revalidation purposes.
2. The number of revalidation events has been **reduced to three (3)** for BJA Level 2 and BJA Level 3 Coaches. The only specification is that it **must be three (3) different types** of revalidation event. These events can be done at any time during the 3-year revalidation period (i.e. it is not necessary to do one event every year).

3. BJA Level 1 Coaches

The revalidation period for BJA Level 1 coaches is **three (3) years**. During the revalidation period participation in **three (3) different types of revalidation event** or **1 National Technical Conference** is required for revalidation purposes.

4. BJA Level 2 Coaches

The revalidation period for BJA Level 2 coaches is **three (3) years**. During the revalidation period participation in **three (3) different types of revalidation event** (reduced from 4) or **1 National Technical Conference** is required for revalidation purposes.

5. BJA Level 3 Coaches

The revalidation period for BJA Level 3 coaches is **six (6) years**. During the revalidation period participation in **three (3) different types of revalidation event** (reduced from 6) or **1 National Technical Conference** is required for revalidation purposes.

| Coaching Level | Number of Events | Revalidation Years | Additional BJA Requirements (All Levels) |
|----------------|------------------|--------------------|--|
| 1 | 3 | 3 | <ul style="list-style-type: none"> • DBS • First Aid • Safeguarding and Protecting Children in Sport <i>Certificates for the above should be renewed every three years.</i> |
| 2 | 3 | 3 | |
| 3 | 3 | 6 | |

Note: Only one event is required if replaced attendance at a National Technical Conference organised by British Judo.

To remain licensed to coach and be covered by insurance, **all** BJA Coaches, regardless of the duration of the revalidation period for their award, must:

- renew their BJA Membership annually
- renew their first aid certificate every three years
- complete safeguarding and protecting children in sport every three years
- complete a DBS (formally CRB) check every three years
- satisfy the BJA revalidation event requirements detailed above

Should any of the above not be in place, the individual's licence to coach is suspended and insurance cover withdrawn.

LIST OF CURRENT REVALIDATION MODULES

| BJA Revalidation Modules/Activities | |
|---|---|
| Technical Grading 1 – Syllabus Novice - 9th Mon: Novice - 3rd Kyu Technical Grading 2 – Syllabus 3rd Mon - 18th Mon: 4th Kyu - 1st Kyu | Judo Fitness (6 modules - JudoS&C, JudoAgility, JudoGymnastics, JudoSAQ, JudoFlexibility, Judo Fit) |
| Judo Games | Strength and Conditioning |
| Matside Coaching | Nutrition and Weight Management |
| Technical Frameworks | Preparation for Performance |
| Coaching Specific Groups (e.g. children, adults, schools etc.) | Contest Rules for Coaches |
| Disability Judo Coaching | First Steps (in conjunction with Sports Coach UK) |
| Kata (General) | Area Technical Conferences |
| Coaching Kata | EJU Level 3 and EJU Level 4 |
| Kata for Competition | Sports coach UK Workshops |

Before participating in any coaching event, it is advisable to check that the the intended course or activity is approved for revalidation purposes prior to commencing the activity.

From time to time additional modules or events will be added. All qualifying modules will carry an identifying strap line:

Suitable for revalidation purposes of all levels of BJA Coach Awards (this may be Level specific)

COACH EDUCATION PROGRAMME – SPECIFIC ADDITIONAL REQUIREMENTS

In addition to the membership, first aid, safeguarding and DBS (formerly CRB) check requirements detailed above, BJA Level 1 and BJA Level 2 coaches who have qualified after 31 January 2013 wishing to grade or support players matside at competition need the following:

BJA Level 1 Specific Requirements

- Coaches wishing to grade their players up to and including 6th Mon/5th Kyu need to attend a Technical Grading 1 module in order to grade their players.
- Coaches who want to go matside at competition up to Competition Level 3 British Schools Championships should attend a Matside module.

BJA Level 2 Specific Requirements (coaches qualifying after 31 January 2013)

- Coaches wishing to grade their players up to and including 18th Mon/1st Kyu are required to attend at least a Technical Grading 2 module in order to grade their players.
- Coaches who want to go matside at all BJA competition (not including British European Open) are required to attend a Matside module.

BJA Level 3 Specific Requirements

- There are no specific requirements for BJA Level 3, 4 or 5 coaches, however, if a coach qualifies as a BJA Level 1/2 after 31 January 2013 and has not attended the Technical Grading 2 and Matside modules they must do so in order to grade players up to and including 18th Mon/1st Kyu and go matside at BJA competition (not including British European Open).

COACH EDUCATION PROGRAMME – LEVELS 4 AND 5

The Level 4 and 5 BJA Coach Education Programmes are delivered on behalf of British Judo by Sheffield Hallam University in the form of a Post Graduate Diploma (UKCC Level 4 and BJA Level 4) and a Masters Degree (BJA Level 5).

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