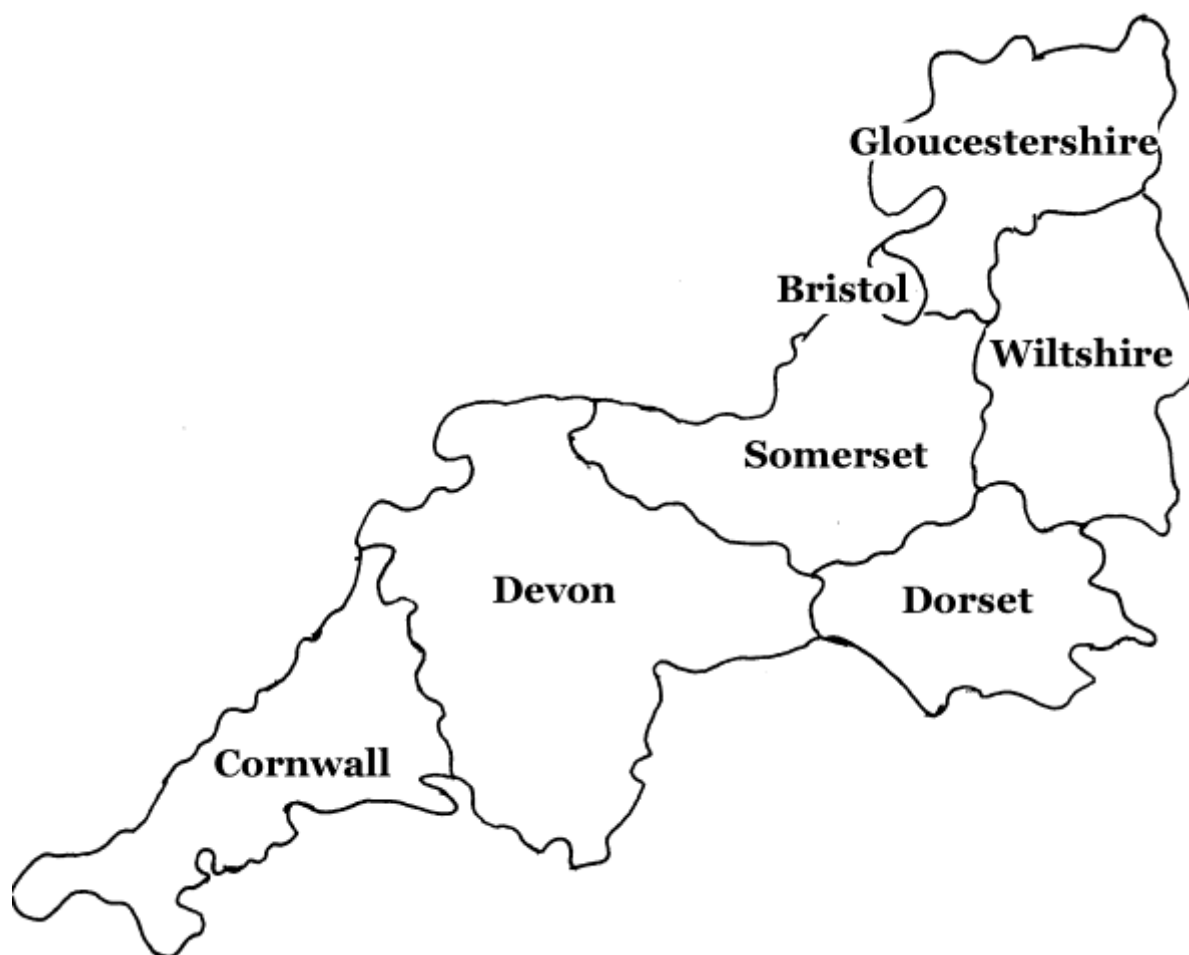


# *WESTERN AREA*

## *JUDO*

NEWSLETTER

June 2010



*PART OF THE BRITISH JUDO ASSOCIATION*

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## AREA COACHES

**Men's/Youth Coach:** Contact Area Technical Officer Sandra Klinger on 07854 215654  
email: [sandra.klinger@britishjudo.org.uk](mailto:sandra.klinger@britishjudo.org.uk)

Open to players who wish to aspire to a higher level and standard of judo

**Junior Boys Coach:** John Bath Tel: 0797074407  
email: john bath\_judo@hotmail.com

Open to all

**Junior Girls Coach:** Jason Parsons and Raz Hopkins  
All standards

**Special Needs:** Ken Thorne Tel: 01934 511291  
email: helen.goodchild@lineone.net

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**General information on coaching:** Alan Kimber Tel: 01752 406576

## **Chairman's Report May/June 2010**

Hello to you all, I hope you are all well and enjoying good fortune in the various events you attend either as fighters or Coaches.

Thank you to all those who attended the Forum and AGM this year. I must apologize to you for the technical hitch with the Refereeing DVD,. I am afraid that it was something that we did not foresee. Aside from that I thought that we had a good day generally.

I attended the Peter Murphy Junior event on Sunday the 16th May at Kingsbridge. There was an excellent turnout and the fighting was fierce and very competitive all day. There is a wealth of talent in the Area and many fine coaches who are producing some very promising young players.

Coming up soon is the Bob Taylor and John Yendall Teams event and I hope that we shall see an improvement on the entry to this. It is a very worthwhile event and generates much enthusiastic support from the various teams and their supporters. Following this is the Area Open at the Link Centre Swindon in July. Last years was well supported and I hope that this year will be even better.

A reminder to all our Coaches that run clubs in the Area; make sure that all your players and guest fighters are currently licensed and that the licence is in date. Also, you clearly identify accidents and any incidents that occur in the club during the sessions. It seems, I know that we have a culture of extra caution however, it will be better to spend five minutes now, than try to recall what happened after the unwelcome letter drops through your letterbox.

Anyway take care and keep the good work going, thank you to all of you, whatever your skill.

Dave Allen  
Chairman Western Area BJA

## **EDITOR'S DETAILS**

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### **Submission Deadlines 2010:**

Spring	Wednesday 4th March
Summer	Wednesday 19th June
<b>Autumn</b>	<b>Wednesday 1st September</b>
Winter	Wednesday 1st December

### **Please Note:**

If a submission misses the above deadlines and it is required for inclusion in the next magazine, it must be specifically requested.

These deadlines are **FINAL** and **WILL NOT** be extended, under any circumstances.

**Please remember to submit all your copy in electronic format -Word. doc - and that I can not print in colour. Any photographs must be in black and white.**

K.

EXECUTIVE COMMITTEE OF THE  
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# WESTERN AREA CALENDAR 2010

For the latest list go to: [wajudo.org.uk/calendar](http://wajudo.org.uk/calendar)

## June

5	Bedminster Mini-Mon Champs.	Bristol	Paul Taylor	0117 9026330
6	Bedminster Open Champs.	Bristol	Paul Taylor	0117 9026330
12	Open Randori Session Senior + U20 Men & Women	Bath University	Juergen Klinger	01225 385187 07894 744496
13	WA Inter-County Senior/Youth Teams WA Senior Closed 3* points scoring	Filton College Wise Campus New Rd Bristol BS34 8LP	Sandy Hart	
19/20	BJA Instructor Award Course	BJA IA 06/10 Bideford		
26/27	Neil Adams Sport Development	Newquay Sp. C	Jason Beer	07790 847374
26/27	Kent International	Crystal Palace	Wendy Malkinson	01634 389477

## July

4	Bedminster Y& S Champ. 1* Tournament	Ashton Park Sp Cen Bristol, BS3 2JL	Paul Taylor	0117 9026330
11	Western Area Junior Senior Open 3* Tournament	The Link Swindon	Andy Scott	
18	7th Salisbury Jun/Sen Open	Five Rivers L C Butts Road, Salisbury SP1 3NR	Peter Blakemore	01722 321424

## August

7-14	WA International Summer Camp	Bath University	Sandra Klinger	07854215654
28	National Veterans Champ.	Welsh Institute of Sport		

## September

05	Heart of England Open	NIA Birmingham	phillbjamids@aol.com	
11	Western Area Trials	TBN	Details to follow	
12	Western Area Seminar	TBN	Details to follow	
19	British Championships - 10 and 11 yr olds	London Area		
26	Devizes 35th Open	Devizes L C The Green, Devizes, Wiltshire SN10 5AB	Mr R Hopkins	16 Brickley Lane, Devizes, Wiltshire, SN10 3BQ

## October

9/10	British Championships	IceSheffield	events@britishjudo.org.uk	
17	Plymouth Jun/Senior Open	Kitto Centre Plymouth	Richard Cleave	07976 930559

## November

6/7	BJA Instructor Award Course	BJA IA 11/10 Poole		
13/14	Annual Technical Congress	TBC	TBC	TBC

### Please note:-

**ALL** events must be cleared through the Western Area - Sandy Hart - prior to being advertised  
Please notify calendar dates to - Alison Finn [secretary@wajudo.org.uk](mailto:secretary@wajudo.org.uk) Tel: 0797410579

## Bristol City News

Again it has been a busy few months for Bristol County and its players, coaches and officials.

Firstly I would like to congratulate a few of our players, Natasha Maslen for achieving her National C refereeing award along with this Natasha and her sister Rebecca both achieved their 1st Dan's. So well done both.

Well done to all Bristol players who competed at the Peter Murphy on 16th May, as a County we won a total of 6 gold 3 silver and 3 bronze medals which was an excellent result bearing in mind we are one of the smallest Counties and were only represented by 3 clubs. Therefore coming 4th was a good achievement and all players who represented the County done us proud.

Our England players have been busy attending training sessions and competitions with one young player, Renz from Tora just coming back from Sweden where he took part in a competition and training camp. I believe he got through to the last 8 so well done to him.

For those that are not aware, one of the Area's and Bristol's longest serving Referees and coaches, Derek Johnson was awarded the 'Hayler award' at the recent Western Area AGM after being voted for by 3 Counties. This is well deserved as within the County Derek has for many years been part of the committee, refereeing and helping out at all events along with always being present on the mat at county training sessions. On behalf of the County I would like to say well done and thanks for all his hard work and support.

Bristol again this year will be running the Western Area trials and Seminar and we have also agreed to run the Western Area youth and senior closed and teams on 13th June. As most will be aware running these events take a lot of time and organising and I would like to thank our events team along with our many clubs, parents, officials, coaches and volunteers who all pull together to make these events run smoothly and efficiently.



**Derek with Hayler trophy & certificate ~ ~ Successful Bristol squad at Peter Murphy junior**

In a few weeks time Bedminster Judokwai will be running their annual Mini-Mon and junior open competitions which are great for the County and hopefully these will be a success and maybe even improve on previous years. Also as there are few youth and senior competitions in the area Bedminster will be running a Youth and senior competition on 4th July. Details on all these can be obtained from me.

The Inter clubs within the County are continuing to run well with New Star (Sea Mills) and New Star (Patchway) who have already ran an inter club this year with plans for New Star (Sea Mills), Yate Star, Bristol Judo Hartcliffe and Long Ashton to follow later in the year.

Finally I would like to congratulate New Star (Patchway) Judo Club for being the second club in Western Area to achieve their Silver Club Mark and Bedminster Judokwai for being the second club in Bristol and eighth in Western Area to achieve their Bronze Club Mark. Well done to both clubs.

Look out for the *NEW* Bristol County website coming soon .....

Paul

### New Star Patchway - Hot off the press!

Patchway was awarded Silver Club Mark this week. Taking us longer than we had hoped, due to the change of criteria and waiting for courses to be run.

Why did we go for Silver is probably a question from many, after the response to South Brent at the Area AGM? As a club it has brought more parents on board, we have a breadth of knowledge and skills with these additional committee roles. There are clear roles and job descriptions which have helped take the load of a few and spread it to across a team. It has given us a focus on a development plan and school club links; we currently have four primaries and one secondary school. More of our players and parents, and older siblings, have become competition officials.

We pride ourselves on being a family club, working together to achieve Silver has cemented this. Locally having Club Mark has meant we get discounted courses from our County Sport Partnership. Access to funding both locally and nationally is easier. Finally after three years you have to revalidate your bronze award, so for a little bit more effort it seemed obvious to go to the next level.

We had an Interclub competition at the beginning of May, which was well attended, especially by players from schools sessions run through our club and Bristol Judo Hartcliffe.

Finally congratulations to our 17 New Star Bristol players who fought at the Peter Murphy, winning 25 fights between them, producing 5 Area champions; Ben, Myles, Dominic, Reece and David, well done all of you.

Alison Finn  
Patchway JC

# Cornwall News

# Devon News

## Devon triumph at Peter Murphy Junior Closed

Held in the spacious leisure centre at Kingsbridge, on the South Devon coast, the annual Peter Murphy Junior Closed competition was held on May 16th.

**Named in honour of Peter 'Spud' Murphy, who ran Exeter Judo Club for many years and was a keen promoter of junior judo, the competition has been running since 1998, and saw entrants from six of the Area's seven counties participate, with only players from Dorset failing to enter.**

Around 150 players participated in total—a good turnout, but down on the levels seen in recent years. The recession and the squeeze on family budgets is doubtless to blame, but most pools were adequately represented, and the level of judo on display was up to its usual high standard.

Given the junior judo setting, it was particularly gratifying to see a number of youngsters play their part as referees and table officials. Pete Whitfield of South Brent judo club has worked hard to promote **the BJA's 'Young Volunteer' scheme within Devon, and several Young Volunteers were in attendance.** Particular mentions should go to Hannah Squire and John Whitfield from South Brent, and Rachel Wheatley from Quayside Judo Club.

In the County rankings at the end of the competition, Somerset had gained 6 points, Wiltshire 9 points, Bristol 27 points, Cornwall 38 points, Gloucester 42 points, and Devon 67 points.

Devon therefore retained the Peter Murphy Sword of Honour, and a Devon player duly took the podium to be presented with it by Area Chair Dave Allan. The sword had originally been presented to Peter Murphy himself, in April 1997, in recognition of 50 years service to judo.

Malcolm Wheatley

Devon Judo

# Dorset News

## Gloucester News

### 2010 Junior West Closed

I was unable to attend the above event, but I understand from Gloucestershire Coaches **in attendance that the Championships went well, and from my own County's competing point of view, that was also a success. I'm sure that the full results will appear both in** this magazine and the Area website, so no point in me listing them here. I understand that the highest County medal tally award went to Devon, so congratulations to them. **Gloucestershire's reward for their efforts was a commendable 2<sup>nd</sup>** place with I believe, some 7 first places, and a nice tally of Silver and Bronze places.

The two Clubs leading the way for Gloucestershire these days are the Bradley Stoke and Stroud Clubs, and their success at the event was just reward for the efforts from the likes of Pete Douglas and Rich Neale respectively. My own Club Dowty entered only two **Players, which was poor by our past standards, but that's just the way it is at present.** Nevertheless, those two Players both took medals, so no grumbles there, and I understand that likewise Bradley Stoke entered twelve Players, and took twelve medals, so congratulations to all

Pete Salter

Glos Chair



# GLOUCESTERSHIRE

## COUNTY JUDO

### Re-validation Course

The Dowty Club Dojo was the venue for a recently held a Coaching re-validation course which was aimed mainly for Gloucestershire Coaches but also attracted a couple of Coaches from outside of the both the County and the Western Area. A total of 21 Coaches of various levels attended the Course, which was delivered by the recently appointed Western Area Technical Officer Sandra Klinger.

**This was Sandra's second visit to the Dowty Club, and she has impressed us all with her Coaching expertise, and method of delivery. Although I am not an expert on Sandra's Coaching** background, she has an obvious pedigree at National level in her own Country, and she is only too pleased to pass that on in an engaging, knowledgeable, and at times humorous way. The course was structured in a way that made the attendees feel that they were learning something that would actually assist them with their own Coaching. Just as Players require their fix of inspiration, as it were, from time to time, so do Coaches, as they search for different ways of getting their message over, and retaining the interest of their Players. There were numerous drills of Judo related exercises which could be adapted for both Junior & Senior Players, and many of them could be used, by increasing intensity, as conditioning exercises in their own right. Posture, for both the attacking and defending Player, was also covered, as was such as blocking techniques for Uke, Nutrition, and other general Coaching points, with time also for the Coaches present to ask questions, and discuss/share their own thoughts.

So, all in all, it was what I would describe as a rounded Coaching re-validation course, which was both informative and enjoyable, and I would recommend other Clubs and Counties in our Area to take advantage of what Sandra has to offer.

Peter Salter

Glos Chair

## Somerset News

### SUMMER TRAINING SESSIONS

THESE ARE OPEN TO PLAYERS OF ALL GRADES  
AND ARE A GOOD MIX OF TECHNICAL AND RANDORI

#### FROME JUDO CLUB

TUESDAY 3rd AUGUST AND TUESDAY 17th AUGUST

6PM TO 9PM

JUNIORS £2.50 AND SENIORS £3

FROME JUDO CLUB,  
FROME SPORTS CENTRE  
PRINCESS ANNE ROAD  
FROME, SOMERSET  
BA11 2SA

### ALSO

#### HUI SH EPI SCOPI JUDO CLUB

WEDNESDAY 28th JULY, WEDNESDAY 11th AUGUST AND WEDNESDAY 25th  
AUGUST

6PM TO 9PM

JUNIORS £2.50 AND SENIORS £3

HUI SH EPI SCOPI JUDO CLUB  
HUI SH EPI SCOPI SPORTS CENTRE  
WINCANTON ROAD, HUI SH EPI SCOPI  
LANGPORT, SOMERSET  
TA10 9SS

FOR ANY FURTHER INFORMATION CONTACT

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07849641470

or

email [tratjudo@hotmail.co.uk](mailto:tratjudo@hotmail.co.uk)

# Wiltshire News

